

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES
PROVIDED TO THE CATEGORICALLY NEEDY**

13.d. Rehabilitative Services 42 CFR 440.130(d)**13.d.1. Outpatient Behavioral Health Services**

Outpatient behavioral health services are covered for adults and children when provided in accordance with a documented individualized service plan developed to treat the identified mental health and/or substance abuse disorder(s).

A. Eligible Providers

Eligible providers include:

1. Community-based outpatient behavioral health organizations that have a current accreditation or certification status as a provider of behavioral health services from:
 - (1) (a) The Commission on the Accreditation of Rehabilitative Facilities (CARF); or
 - (2) (b) The Joint Commission on the Accreditation of Healthcare Organizations (TJC); or
 - (3) (c) The Council on Accreditation (COA); or
 - (4) (d) Accreditation Commission for Health Care (ACHC); and/or
 - (5) (e) The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) in accordance with State Statute.
2. Opioid treatment programs (OTPs) contracted with the State to provide medication-assisted treatment (MAT) services, certified as an OTP by the Substance Abuse and Mental Health Services Administration (SAMHSA), certified as an OTP by ODMHSAS unless deemed an exempted entity as defined by federal law, and registered with the Drug Enforcement Agency (DEA) and Oklahoma Bureau of Narcotics and Dangerous Drugs (OBNDD) in accordance with State and federal law.
3. Office-based opioid treatment (OBOT) physicians contracted with the State to provide MAT services, who are licensed and in good standing in the State, maintain a federal waiver to dispense and administer narcotics, and state registration to dispense dangerous drugs; or a physician's assistant (PA) or advanced practice registered nurse (APRN) contracted with the State to provide MAT services, licensed and in good standing, and supervised as required by law.

Accredited, certified, registered, or waived providers must be able to demonstrate that the scope of the current accreditation, ~~or~~ certification, registration, or waiver includes all programs, required providers, services, and sites where Medicaid compensated services are rendered.

B. Provider Specialties

Eligible organizations may provide services in accordance with their accreditation and/or certification specialty:

- (1) **Public Programs** – Public programs are State-operated, freestanding Community Mental Health Centers (CMHCs) and regionally based private behavioral health organizations that contract with ODMHSAS as CMHCs for outpatient behavioral health and/or substance abuse services. CMHCs must also be under the direction of a licensed physician.
- (2) **Private Programs** – Private programs are freestanding outpatient behavioral health organizations certified for the provision of outpatient behavioral health and/or substance abuse services. Private programs may be non-profit or for-profit and may have no contractual relationship with the ODMHSAS for the provision of outpatient behavioral health services.

Revised 07-01-19-10-01-20

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13.d Rehabilitative Services *(continued)***13.d.1. Outpatient Behavioral Health Services** *(continued)***C. Covered Services** *(continued)*

Psychosocial Rehabilitation Services – Psychosocial Rehabilitation services are behavioral health remedial services that are necessary to improve the client's ability to function in the community. They are performed to improve the client's social skills and ability of the client to live independently in the community. They may be performed in a group or one to one. This service is performed by a Behavioral Health Rehabilitation Specialist (BHRS) or licensed behavioral health professional. Refer to Attachment 3.1-A, Page 6a-1.3b through 1.3d for provider qualifications.

Crisis Intervention Services – Crisis intervention is performed to respond to acute behavioral or emotional dysfunction as evidenced by severe psychiatric distress. It is performed by a behavioral health professional. Refer to Attachment 3.1-A, Page 6a-1.3a and Page 6a-1.3b for provider qualifications.

Psychological Testing – Psychological testing is provided using generally accepted testing instruments in order to better diagnose and treat a client. Refer to Attachment 3.1-A, Page 6a-1.3d for provider qualifications.

Medication Training and Support – Medication Training and Support is a review and educational session performed by a registered nurse or a physician assistant focusing on a client's response to medication and compliance with the medication regimen.

Crisis Intervention Services (facility based stabilization) – This service is to provide emergency stabilization to resolve psychiatric and/or substance abuse crisis. It includes detoxification, assessment, physician care and therapy. It may only be performed by providers designated and qualified by the ODMHSAS to provide care for the community. Facility based stabilization crisis intervention facilities must have 16 beds or less.

Alcohol and Drug Assessment – Assessment for alcohol and drug disorders includes an assessment of past and present use, the administration of the Addictions Severity Index, current and past functioning in all major life areas as well as client strengths, weaknesses and treatment preferences. It is performed by a licensed behavioral health professional.

Alcohol and/or Substance Abuse Services Treatment Plan Development – This service is performed by the licensed behavioral health professional and other professionals who comprise the treatment team as well as the client and other resource persons identified by the client. The current edition of the American Society of Addiction Medicine criteria must be followed. It must contain individualized goals, objectives, activities and services that support recovery. It must include a discharge plan.

Alcohol and/or Substance Abuse Services, Skill Development – Skills development for alcohol and other substance abuse disorders are behavioral health remedial services that are necessary to improve the client's ability to function in the community. They promote and teach recovery skills necessary to live independently in the community and prevent relapse. They may be performed in a group or one to one. They may be provided by a licensed behavioral health professional, a behavioral health rehabilitation specialist, or a certified alcohol and drug counselor.

Alcohol and/or Substance Abuse Services, Opioid Use Disorder Treatment – Treatment provided by licensed behavioral health professionals and other professionals, including medication-assisted treatment (MAT), for the detoxification and maintenance of individuals diagnosed with opioid use disorders.

Revised 09-01-2019-10-01-20TN# 20-0036

Approval Date _____

Effective Date 10/01/2020Supersedes TN# 19-0018

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13.d Rehabilitative Services (continued)**13.d.4 Opioid Use Disorder Services**

Opioid use disorder (OUD) services are provided as part of a specialized program available to eligible individuals with significant functional impairments resulting from an identified opioid use diagnosis. Services may require prior authorization by OHCA or its designated agent.

Medication-Assisted Treatment

Medication-Assisted Treatment (MAT) is an evidence-based practice approved by the FDA to treat opioid-use disorder, including methadone and all biological products licensed under federal law. With respect to the provision of such drugs and biological products, MAT also includes the provision of counseling and behavioral therapy. Medications for the treatment of opioid use disorder may be found at 42 CFR 8.12.

Eligible Providers:

- (1) **Office-Based Opioid Treatment (OBOT) Provider** – a provider contracted with the State to provide MAT in OBOT settings. OBOT providers must have capacity to provide directly or by referral all drugs approved by the Food and Drug Administration for the treatment of opioid use disorder, including for maintenance, detoxification, overdose reversal, and relapse prevention, and appropriate counseling and other appropriate ancillary services. OBOT providers are limited to the drugs allowed by law to be prescribed and/or administered in a setting that is not an Opioid Treatment Program.
- (2) **Opioid Treatment Program (OTP)** - a program or provider registered under federal law, certified as an OTP by the Substance Abuse and Mental Health Services Administration (SAMHSA), certified as an OTP by the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) unless deemed an exempt entity as defined by federal law, registered by the Drug Enforcement Agency (DEA) and the Oklahoma Bureau of Narcotics and Dangerous Drugs (OBNDD), engaged in opioid treatment of individuals by use of an opioid agonist treatment medication, including methadone, and contracted with the State. An OTP must have the capacity to provide the full range of services included in the definition of MAT and must document both medication dosing and supporting behavioral health services. OTP programs may include:
 - (a) **OTP MAT Provider** - a licensed physician in good standing, maintaining a current federal waiver to prescribe drugs and biological products for the treatment of opioid-use disorder (21 USC 823(g)(2)), and maintaining a current State registration to dispense dangerous medications; or
 - (b) **OTP Exempt MAT Provider** - a licensed physician's assistant (PA) or advanced practice registered nurse (APRN) in good standing, supervised, when required, by a physician described in (2)(a) above, and exempt from federal regulatory requirements for OTPs.

NEW 10-01-20

TN# 20-0036

Approval Date

Effective Date 10/01/2020

Supersedes TN# NEW

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13.d Rehabilitative Services (continued)

13.d.4 Opioid-Use Disorder Services (continued)

Medication-Assisted Treatment (continued)

Opioid Treatment Program Eligible Providers (continued)

- (c) **OTP Behavioral Health Services Providers** - professionals that meet the qualifications at Attachment 3.1-A, Page 6a-1.3a through Page 6a-1.3e and who provide the services noted within the same referenced pages, except for:
 - i. Psychological testing/assessment by a psychologist;
 - ii. Facility-based crisis intervention;

- (d) **Medication Unit Affiliated with an OTP Established under 42 CFR. 8.11(i)** - a dosing location or medication station that obtains its methadone drug supply from a primary OTP site, which retains all records for the medication unit, except dosing and drug screens, which dispenses opioid agonist treatment medications for observed ingestion, and which has on staff an OTP MAT Provider as defined above.

The following services are excluded from coverage:

1. Components that are not provided to or exclusively for the treatment of the eligible individual;
2. Services or components of services of which the basic nature is to supplant housekeeping or basic services for the convenience of a person receiving covered services;
3. Room and board;
4. Telephone calls or other electronic contacts, not inclusive of telehealth;
5. Field trips or social or physical exercise activity groups; and
6. Collateral outpatient therapy.

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13.d Rehabilitative Services (continued)
13.d.4 Opioid-Use Disorder Services (continued)
Eligible Providers (continued)

Individual Provider Qualifications
Opioid-Use Disorder Services

<u>Type of Service</u>	<u>Individual Provider Type</u>	<u>Qualifications</u>
Medication-Assisted Treatment (MAT), office-based opioid treatment (OBOT), drug dispensing and administration (excluding methadone)	<ol style="list-style-type: none"> 1. <u>Physician</u> 2. <u>Physician's Assistant</u> 3. <u>Advanced Practice Registered Nurse</u> 	<ol style="list-style-type: none"> 1. <u>Licensed physician in good standing with a current federal waiver to dispense narcotic drugs for narcotic treatment (as per 21 USC 823(g)(2)) and current registration or exemption to dispense dangerous drugs</u> 2. <u>Licensed PA in good standing supervised, when required, by a physician described in (1) above.</u> 3. <u>Licensed APRN in good standing supervised, when required, by a physician described in (1) above.</u>
Medication-Assisted Treatment (MAT), Opioid Treatment Program (OTP), drug dispensing and administration	<ol style="list-style-type: none"> 1. <u>Physician</u> 2. <u>Physician's Assistant (PA)</u> 3. <u>Advanced Practice Registered Nurse (APRN)</u> 	<ol style="list-style-type: none"> 1. <u>Licensed physician in good standing with a current federal waiver to dispense narcotic drugs for narcotic treatment (as per 21 USC. 823(g)(2)), current registration or exemption to dispense dangerous drugs as per state law, and who is employed by or contracted with certified OTP contracted with the State.</u> 2. <u>Licensed PA in good standing, supervised, when required, by a physician described in (1) above, exempt from regulatory requirements for OTPs (42 CFR 8.11(h)), and employed by or contracted with a certified OTP contracted with the State.</u> 3. <u>Licensed APRN in good standing, supervised, when required, by a physician described in (1) above, exempt from regulatory requirements for OTPs (42 CFR 8.11(h)), and employed by or contracted with a certified OTP contracted with the State.</u>
OTP Behavioral Health Services Providers	<u>Behavioral Health Practitioner (BHP)</u>	Refer to Attachment 3.1-A, Page 6a-1.3a through Page 6a-1.3e.

NEW 10-01-20

DATES FOR ESTABLISHING PAYMENT RATES FOR ATTACHMENT 4.19-B SERVICES**Effective Dates for Reimbursement Rates for Specified Services:** *(continued)*

Service	State Plan Page	Effective Date
4.b. EPSDT (continued) • Other Practitioner – Applied Behavior Analysis (ABA) Services	Attachment 4.19-B, Page 28.13	July 1, 2019
Christian Science Nurses	Attachment 4.19-B, Page 28.5	October 1, 2019
Dentures	Attachment 4.19-B, Page 28.6	October 1, 2019
Respiratory Care	Attachment 4.19-B, Page 28.7	October 1, 2019
Private Duty Nursing Services	Attachment 4.19-B, Page 28.8	October 1, 2019
Physical Therapist	Attachment 4.19-B, Page 28.9	October 1, 2019
Occupational Therapist	Attachment 4.19-B, Page 28.10	October 1, 2019
Christian Science Sanatoria	Attachment 4.19-B, Page 28.11	October 1, 2018
Other Practitioner – Licensed Clinical Social Worker	Attachment 4.19-B, Page 28.12	October 1, 2019
Residential Substance Use Disorder (SUD) Services	Attachment 4.19-B, Page 30b	October 1, 2020
<u>Opioid Use Disorder Services</u>	<u>Attachment 4.19-B, Page 31</u>	<u>October 1, 2020</u>
Pediatric or Family Nurse Practitioner (Advanced Practice Nurse) Services	Attachment 4.19-B, Page 32	October 1, 2019
Diabetes Self-management Training (DSMT) Services	Attachment 4.19-B, Page 43	January 1, 2020

Revised ~~01-01-2010~~01-20TN# 20-0036

Approval Date _____

Effective Date 10/01/2020Supersedes TN# 20-0035

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES
OTHER TYPES OF CARE

13.d Rehabilitative Services (continued)**13.d.4 Opioid-Use Disorder Services (continued)**

- A. Payment of Drugs Prescribed and Dispensed or Administered within Opioid Use Disorder Services
1. Drugs administered by a provider in an office-based opioid treatment (OBOT) setting will be reimbursed per the methodology in Attachment 4.19-B, Page 7a, subsection (c).
 2. Drugs, including methadone, dispensed or administered by either an OTP MAT Provider or an OTP Exempt MAT Provider in an opioid treatment program (OTP) setting will be reimbursed per the methodology in Attachment 4.19-B, Page 7a, subsection (c).
 3. Drugs prescribed for the treatment of opioid-use disorder, except methadone, if dispensed by a pharmacy, will be reimbursed per the methodology in Attachment 4.19-B, Pages 7 and 7a.
- B. Payment for therapy, outpatient behavioral health services, physician services, and ancillary services provided for opioid use disorder treatment will be reimbursed in accordance with their reimbursement methodologies within this Plan.

NEW 10-01-20

TN# 20-0036

Approval Date

Effective Date 10/01/2020

Supersedes TN# NEW